The well-being of children and the adults that care for them is essential for school readiness.

In Head Start we use stories and modeling to teach children about:
- Problem solving, conflict resolution, positive reinforcement
- Self-regulation
- Positive social interactions
- Expressing and labeling feelings within themselves and peers

**What can families expect from Head Start?**

A program-wide culture that promotes children’s mental health, social and emotional well-being, and overall health.

- Supports for effective classroom management and positive learning environments
- Supportive teacher practices
- Strategies for supporting children with challenging behaviors and other social, emotional, and well-being concerns
- Hearing & vision screenings for children
- Health, nutrition, & behavioral health assessments & consultations
- Developmental & social-emotional screenings for children
- Family & educational goal setting
- Individualized community resources and activities for families
- Opportunities for parents to volunteer
- School readiness support for parents
FIND YOUR EARLY HEAD START

APACHE, COCONINO, NAVAJO & YAVAPAII COUNTIES:
Northern Arizona Council of Governments (NACOG)
(928) 774-9504 • nacog.org
EHS Home Visits & Center-Based/HS

GILA & PINAL COUNTIES:
Pinal Gila Community Child Services, Inc. (PGCCS)
(888) 723-7321 • pgccs.org
EHS Home Visits & Center-Based/HS

Catholic Charities Community Service - West Side Head Start • (623) 486-9868 • catholiccharitiesaz.org • EHS Home Visits & Center-Based/HS

CHICANOS POR LA CAUSA • cplc.org/education/ecd.php • EHS Home Visits & Center-Based/MS/CCP

Early Head Start (602) 716-0156: 85004 | 85006 | 85008 | 85009 | 85034 | 85040 | 85041 | 85042 | 85044 | 85045 | 85048
Migrant & Seasonal and CCP (928) 250-6085: Eloy, Phoenix, Queen Creek, San Luis, Somerton, Surprise, Willcox, Yuma

Child Crisis Arizona • childcrisisaz.org/what-we-do/education-and-tools-for-families/preschool-program/ • EHS Home Visits & Center-Based

Phoenix Zip Codes (602) 889-6165 • 85006 | 85008 | 85009 | 85016 | 85018 | 85034 | 85041
Service All Mesa Zip Codes • call: (480) 304-9501

City of Phoenix • (602) 262-4040 • phoenix.gov/headstart • EHS Home Visits/CCP/HS
85003 | 85004 | 85006 | 85007 | 85008 | 85009 | 85015 | 85016 | 85017 | 85018 | 85020 | 85021 | 85023 | 85030 | 85031 | 85034 | 85035 | 85037 | 85040 | 85041 | 85042 | 85043 | 85051 | 85053 | 85054 | 85056 | 85059

Maricopa County • (602) 372-3700 • maricopa.gov/3516/Early-Education-Programs • EHS Center-Based/CCP/HS
85224 | 85225 | 85226 | 85227 | 85257 | 85046 | 85048 | 85049 | 85054 | 85023 | 85024 | 85026 | 85029 | 85028 | 85021 | 85026 | 85027 | 85028 | 85029 | 85030 | 85031 | 85032 | 85034 | 85035 | 85037 | 85040 | 85041 | 85042 | 85043 | 85051 | 85053 | 85054 | 85056 | 85059

Southwest Human Development • (602) 560-0000 • swhd.org/programs/head-start/ • EHS Home Visits & Center-Based/CCP/HS
85006 | 85008 | 85013 | 85014 | 85015 | 85016 | 85018 | 85032

Urban Strategies • (602) 353-5313 • urbanstrategies.us/stories/early-head-start-phoenix-strengthens-foster-family • EHS Center-Based
85003 | 85004 | 85007 | 85009 | 85035 | 85040 | 85041

TRIBAL PROGRAMS:

Cocopah • (928) 627-2811 • cocopah.com

Colorado River • (928) 662-4311 • crit-nsn.gov/critheadstart/

Gila River • (520) 562-6901 • girected.mygilariver.com

Havasupai • (928) 448-2821

Hopi • (928) 734-3512 • hopi-nsn.gov

Hualapai Navajo Nation • (928) 871-6902 • hualapai-nsn.gov

Navajo Nation • (928) 871-6902 • navajohs.org

Pascua Yaqui • (520) 838-7150 • pascuayaqui-nsn.gov

Quechan • (760) 572-0263 • quechantribe.com

Salt River Pima-Maricopa • (480) 362-2200 • ecec.srpmic-ed.org

San Carlos Apache • (928) 475-2740 • sanCarlosApache.com

Tohono O’odham • (520) 383-7800 • tonation-nsn.gov

White Mountain Apache • (928) 338-4938

Key: Early Head Start - EHS
Head Start - HS
Migrant & Seasonal - MS
Child Care Partner - CCP

FIND OUT MORE ABOUT ARIZONA HEAD START PROGRAMS
http://www.azheadstart.org/index.php

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