### DATE OF MEETING: 11/16/2022
Time: 1:00 PM

Mesa Convention Center, Building B
263 N. Center Street
Mesa, Arizona 85201

### COMMITTEE MEMBERS PRESENT:

<table>
<thead>
<tr>
<th>Rosemary Sigala, CoP</th>
<th>Lisa, SWHD</th>
<th>Desi Hightower, Maricopa County</th>
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<tbody>
<tr>
<td>Patricia Iniguez, Maricopa County</td>
<td>Laura, Maricopa County</td>
<td>Stephanie Collier, CoP</td>
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<td>Megan Van Wyck, NACOG</td>
<td>Ana Herron-Valenzuela, CoP</td>
<td>Toni Limbrick, Pinal Gila County</td>
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### VISITORS:
Tammi Phillips, AZ Department of Education

### NEXT QUARTERLY COMMITTEE MEETING:
Date: February 16, 2023

### AGENDA ITEM

<table>
<thead>
<tr>
<th>DISCUSSION/RECOMMENDATION</th>
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<td>I. Welcome and New Member Introductions</td>
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Patricia Iniguez is a new Mental Health Associate with Maricopa County Head Start. Her email is Patricia.iniguez@maricopa.gov and her phone number is 602-931-7576.

<table>
<thead>
<tr>
<th>PERSON(S) RESPONSIBLE/PRESENTER</th>
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<tr>
<td>Ana</td>
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II. Committee Chair Nominations

Per AZHSA regulations, the Committee Chair serves a two-year term. No other committee member submitted their name. Ana will continue as Committee Chair.

| Strategic Plan Long Range Goals | Long Range Goal 3: Increase the number of children in vulnerable populations served by Head Start. Vulnerable populations include children experiencing homelessness, refugee status, foster care, and children from military families and with an IEP/IFSP. EHS and IFSPs, HS and IEPs and HS and Social-Emotional Well-being Flyers have been approved by the AZHSA Executive Committee. Flyers are currently available in English, Spanish, Dari, Farsi, Pashto. How are we going to share? How are we going to track distribution? Flyers are on AZHSA website under What's New Member Resources Direct hyperlink below http://www.azheadstart.org/publications.php • Clarissa will create a blanket email that anyone can use to distribute the flyers. Blanket email to be shared with members for review prior to use. To be completed by Clarissa by the end of September. 11/15 meeting: Clarissa completed blanket email: review as a committee and move forward with use. Email Ana edits to the blanket email. • Use the blanket email to introduce flyers to the following agencies [see attachment in email] o DES Refugee Office - Ana o DCS Infant Maternal Health Representative (Vicky B.) - Maria Pimentel o Hushabye Nursery - Ana o Strong Families Home Visitation Network - Ana o FTF Family Resources Centers - Ana | Ana |
### Long Range Goal 5, Short Term Objective F

Starting in March 2021, increase the availability of training and technical assistance to HS/EHS staff for supporting social/emotional (SE) well-being and family engagement (FE) in Head Start families. The first year would be focused on developing the systems to support early childhood staff education in SE/FE and raising awareness of the importance of SE/FE training for staff. The second year would begin training opportunities.

- Plug in what we are already doing and gauge where the gaps are
- Discuss what our outcome data looks like and how it guides us going forward. Which systems are working or not working?
- As a committee how do we support each other?
- Outline the referral process by agency and share with the committee
- Send Ana an email providing the data points we are tracking and what the process is for behavior support.
  - Collect information from each agency with a fillable form/survey
  - In house vs contracted behavior support/mental health services
  - Qualifications/licensing
  - Pyramid Model in use? Certified
    - TeaPot and TpiTos?
  - Collect PIR Mental Health reports for the 21-22 program year: please send Mental Health PIR information to Ana by Tuesday, October 4, 2022
### Long Range Goal 6:
Through effective and appropriate inclusionary practices, close the learning gap between typically developing children and children with identified special needs.

Collect PIR Disabilities data to look at trends/gaps and identify needs statewide: please send Disabilities PIR information to Ana by Tuesday, October 4, 2022. *(previous committee meeting)*

- Specific Agency Data is still pending to complete an analysis of trends/gaps/needs
  - Pinal Gila Community Child Services
  - Southwest Human Development
  - Urban Strategies Early Head Start
  - Western Arizona Council of Government

During the meeting discussion:

Send Ana an email letting her know if PIR information can be shared or not

- Ana will create a spreadsheet we can look at as a group to identify gaps and trends
- Look at the data our program collects and what other areas need to be identified to capture stronger data

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<tr>
<th>AZHSA Items</th>
<th>2023 Disabilities &amp; Mental Health Committee Action Plan</th>
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<td></td>
<td>Need to fill it out as a committee and turn it in to Jessica Rivera by December 2022. It will outline our committee proposed work for January-December 2023.</td>
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<td>Committee Newsletter for AZHSA Need to fill out as a committee, will present at next AZHSA Quarterly meeting.</td>
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### Announcements

**Update from Tami Phillips for ECSE**
- New Child Find posters available
- Virtual Summit March 2-3
- Arizona is now officially a Pyramid Model State. State leadership team meets regularly consisting of Head Start, FTF, ADE, DES
- Study done which showed children who learn in inclusive environments learn better. It is encouraged to leave children in Head Start classrooms versus sending them to self-contained classrooms.
- Professional development series on braiding funding
  - December 5th tier 1
  - December 6th tier 2
  - December 8th tier 3
- Tammy will send out the information on this virtual training series
- An updated brief came out from the OHS
- Will the EHS MOU work be starting again?
- Which programs in AZ are meeting their 10 percent?
- If programs are having challenges meeting their 10 percent, perhaps ADE can help by fostering connections with school districts

Need new committee meeting standing date. Can no longer be the third Thursday of the month. Need to know availability for meetings moving forward.

- Committee is no longer required to meet after the quarterly meeting
- Committee agreed to keep meetings on 1st Thursday of the month from 1-2:30
Proposing to not have a committee meeting in May due to National Head Start Conference

2023 AZHSA Meetings: February, August, November
May 8-11, 2023 NHSA Conference in Phoenix, no quarterly meeting because of it.

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<tr>
<th>Follow up items for next Quarterly Mtg.</th>
<th>All Members</th>
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<tr>
<td>Pending updates</td>
<td>All Members</td>
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<tr>
<td>Adjourn</td>
<td>Ana</td>
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Meeting adjourned at 2:03 pm