



# Arizona's Opioid Public Health Emergency: Current Activities & Next Steps



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

# Arizona Opioid Emergency

From June, 2017 through May 2018, ADHS and partners worked tirelessly to answer Governor Ducey's call to address the continuing increase in opioid-related deaths across Arizona.

## June 2017

- [2016 Arizona Opioid Report](#) released
- [Opioid Emergency](#) declared
- [Enhanced Surveillance Reporting](#) implemented
- Implementation of [Emergency Opioid Prescribing and Treatment Rules for Healthcare Institutions](#)

## October 2017

[PDMP Mandate](#) in effect

## March 2018

[OAR Line](#) launches

## April 2018

[Arizona Opioid Epidemic Act](#) takes effect

## December 2017

Launch of [2018 Opioid Prescribing Guidelines](#)

## May 2018

Governor Ducey [terminates](#) Declaration of Opioid Emergency

## September 2017

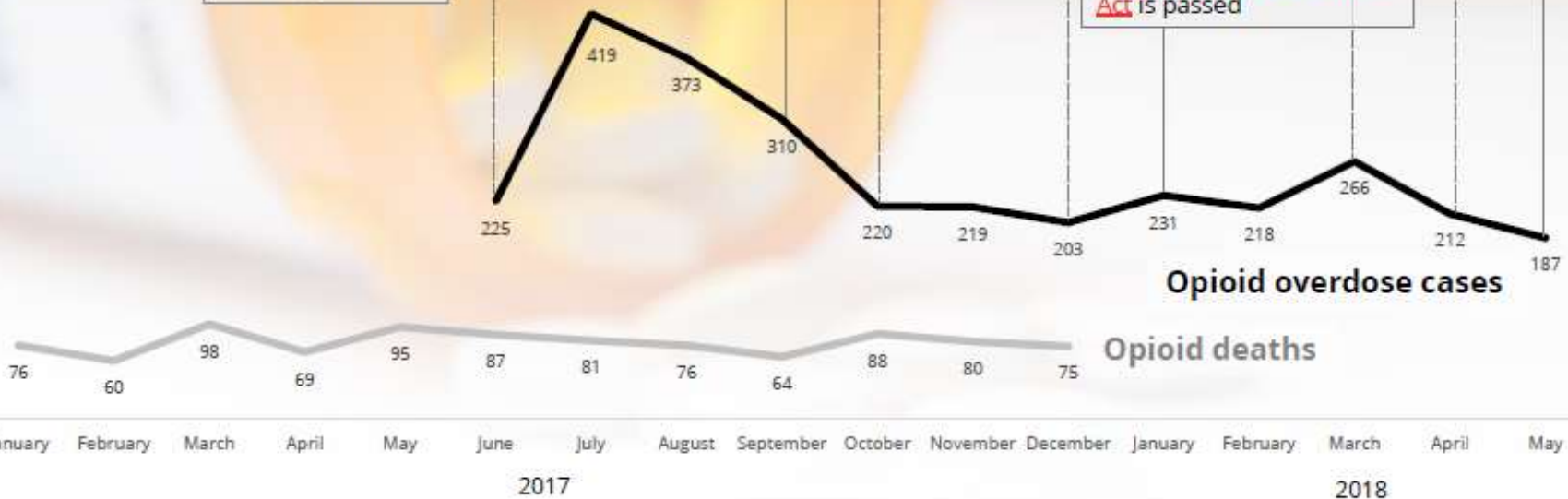
[Opioid Action Plan](#) issued

## April 2017

Executive Order for 7 day fill limit

## January 2018

[Arizona Opioid Epidemic Act](#) is passed



# Opioid Surveillance

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**June 15, 2017-November 1, 2018**

**2,408**

suspect opioid  
deaths

**15,543**

suspect opioid  
overdoses

**1,402**

neonatal  
abstinence  
syndrome

**30,151**

naloxone doses  
dispensed

**8,296**

naloxone doses  
administered

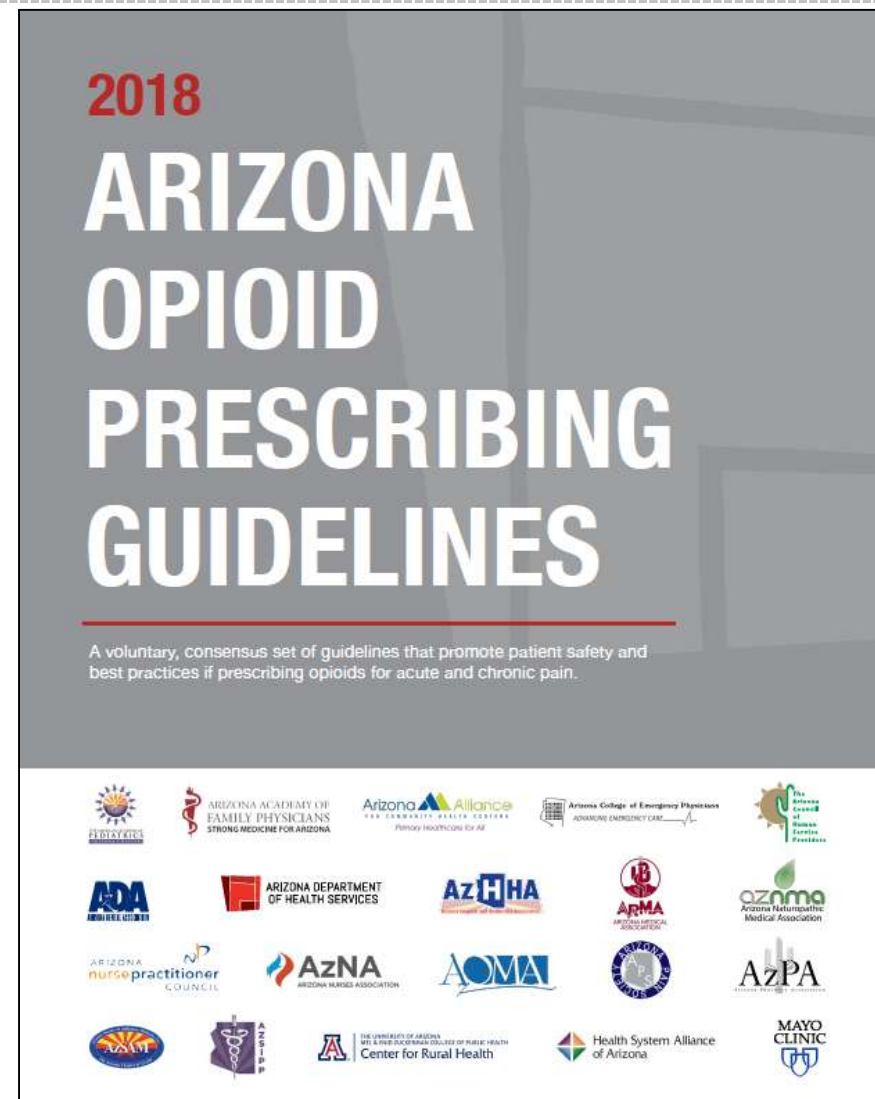
Updates posted at [www.azhealth.gov/opioid](http://www.azhealth.gov/opioid)

# Prescribing Guidelines Update

Healthcare providers can request free printed guidelines online at [azhealth.gov/OrderRxGuidelines](https://azhealth.gov/OrderRxGuidelines)

or download online:


[azhealth.gov/opioidprescribing](https://azhealth.gov/opioidprescribing)



# Naloxone Distribution

ADHS has distributed **6,316 kits** of naloxone to 63 **law enforcement agencies.**

Law enforcement administered naloxone **549 times to 405 people**

NALOXONE REQUEST FORM		
 ARIZONA DEPARTMENT OF HEALTH SERVICES	Law enforcement agencies whose staff have completed opioid overdose recognition and treatment training consistent with ADHS or AZ-POST standards are eligible for free naloxone.	
AGENCY INFORMATION	Agency Name: _____	
	Agency <b>SHIPPING</b> address: _____	
	Agency Director Name: _____	
	Contact Email: _____	
	Agency Size: _____	
TRAINING INFORMATION	Training Date(s): _____	
	Trainer Name(s): _____	
	Number of staff Trained: _____	
NALOXONE REQUESTED	Description: Narcan Nasal Spray 2/pack	Quantity Requested: _____
AGENCY DIRECTOR SIGNATURE	_____	DATE: _____

You may submit completed application multiple ways:

- Email: [azopioid@azdhs.gov](mailto:azopioid@azdhs.gov)
- Fax: 602-364-1494 Attn: Naloxone Distribution, Office of Injury Prevention
- Mail: ADHS Office of Injury Prevention  
Naloxone Distribution Program  
150 N. 18<sup>th</sup> Ave., Suite 320  
Phoenix, AZ 85007

Questions? Email [azopioid@azdhs.gov](mailto:azopioid@azdhs.gov) or call Tomi St. Mars, 602-542-7340

# Opioid Action Plan: Opioid Overdose Epidemic Response Report

## Opioid Action Plan

Opioid Overdose Epidemic Response Report ♦ September 2017



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

[azhealth.gov/opioid](http://azhealth.gov/opioid)



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# REDUCING OPIOID DEATHS

## OUR PROGRESS: Task Force Recommendations

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### Controlled Substances Prescription Monitoring Program (CSPMP)

- Improve registration process
- Implement CSPMP Add-on
- Enhance communication
- Enhance marketing/training
- Enhance staff support to optimize use of the CSPMP

<https://pharmacympm.az.gov/>

### New Training Videos

- How to register, use
- Understand patient report
- Look for Rx's filled
- Look up multiple patients at one time



# REDUCING OPIOID DEATHS

## OUR PROGRESS: Task Force Recommendations

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### Peer Support

#### Strategic goals:

- Developing standards of practice for advanced peer support trainings serving OUD populations
- Developing ways to integrate the standards of practice into policy
- Providing equitable access to ongoing learning for peer and recovery support specialists statewide

#### Actions:

- Develop a training curriculum to ensure that peer supports throughout the state who serve the OUD population receive standardized and consistent training.
- Create consistent recovery messaging to the peer support community to ensure that individuals with OUD receive respectful, trusting and non-judgmental information on the multiple modality options for treatment and recovery, including access to MAT.
- Work with hospitals and emergency departments to discuss streamlining peer support utilization in these settings.



# REDUCING OPIOID DEATHS

## OUR PROGRESS: Task Force Recommendations

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### **Insurance Parity**

1. Encourage naloxone coverage across all health plans in Arizona
2. Leverage the ADHS toolkit on chronic pain self-management and insurer best practices to develop and education and training partnership between health plans and prescribers
3. Distribute the Arizona Pain and Addiction Curriculum and 2018 Arizona Opioid Prescribing Guidelines to inform insurer coverage criteria
4. Reconvene in 2019 to evaluate the impact of the Opioid Epidemic Act and the Opioid Action Plan on coverage of certain types of OUD and non-opioid chronic pain treatment
5. Monitor data required by the Act to assess substance use disorder treatment capacity
6. Consider future strategies to improve coverage and access to pain management and OUD services

# REDUCING OPIOID DEATHS OUR PROGRESS

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**Opioid Assistance & Referral**

A free 24/7 hotline that assists providers with complex patients with pain and opioid use disorders, answered by medical experts at the Poison and Drug Information Centers in Arizona.

**Arizona OAR Line**  
**1-888-688-4222**

 ARIZONA DEPARTMENT OF HEALTH SERVICES

 UNIVERSITY OF ARIZONA  
Center for Toxicology & Pharmacology  
Education & Research

The OAR Line is joint project between the Arizona Department of Health Services, the Arizona Health Care Cost Containment System and Poison and Drug Information Centers in Arizona.

# REDUCING OPIOID DEATHS

## OUR PROGRESS

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### THE ARIZONA PAIN AND ADDICTION CURRICULUM

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- The University of Arizona – College of Medicine Phoenix
- The University of Arizona – College of Medicine Tucson
- Mayo Clinic School of Medicine – Arizona Campus
- Creighton University School of Medicine – Phoenix Regional Campus
- Midwestern University – Arizona College of Osteopathic Medicine
- A.T. Still University School of Osteopathic Medicine in Arizona
- A.T. Still University School of Dentistry & Oral Health in Arizona
- Midwestern University – Arizona School of Podiatric Medicine
- Northern Arizona University Post-Master's Family Nurse Practitioner Certificate
- Northern Arizona University Doctor of Nursing Practice
- Grand Canyon University College of Nursing and Health Care Professions
- Arizona State University College of Nursing and Health Innovation
- University of Arizona College of Nursing
- University of Phoenix College of Health Professions
- Southwest College of Naturopathic Medicine and Health Sciences
- A.T. Still University Physician Assistants Degree Program in Arizona
- Midwestern University Physician Assistant Program
- Northern Arizona University Physician Assistant Program

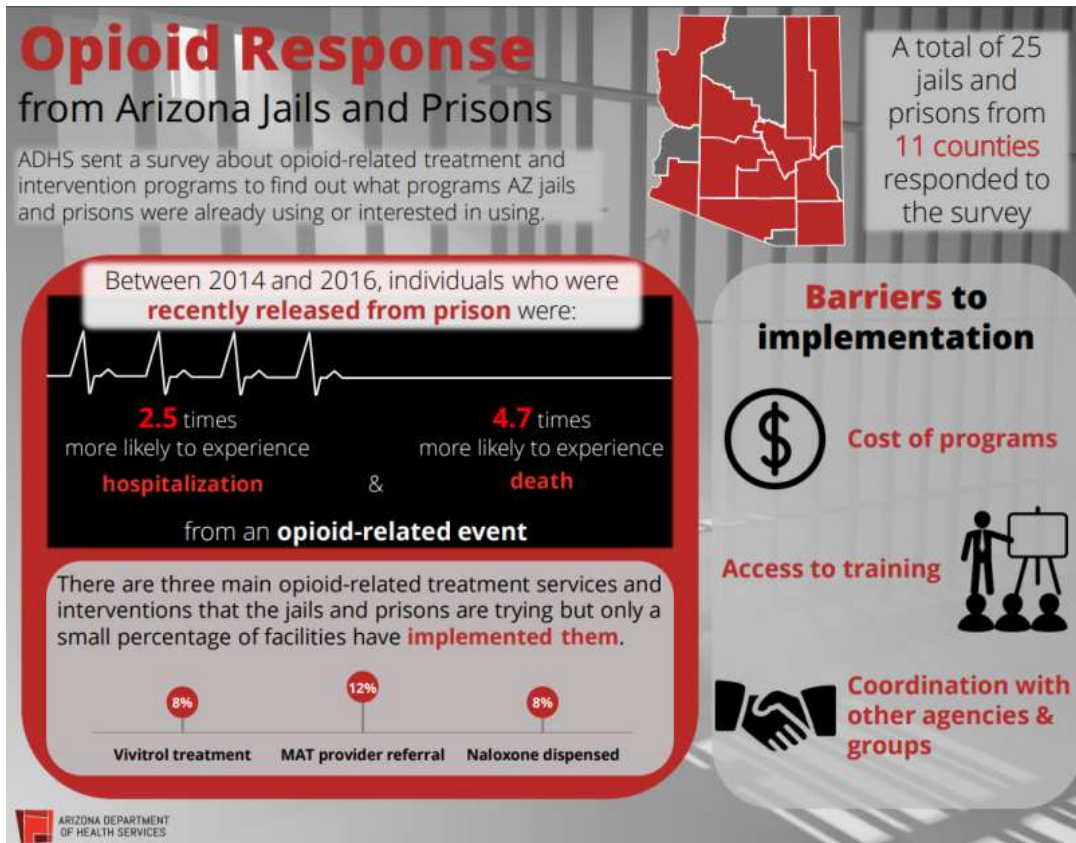
## VISION

**To redefine pain + addiction as multidimensional, interrelated public health issues...**

**...that require the transformation of care toward a whole-person interprofessional approach with a community and systems perspective.**

# REDUCING OPIOID DEATHS

## OUR PROGRESS: Incarcerated Population



- **Naloxone provided to Corrections**
- **Overdose education video developed for corrections**

# REDUCING OPIOID DEATHS

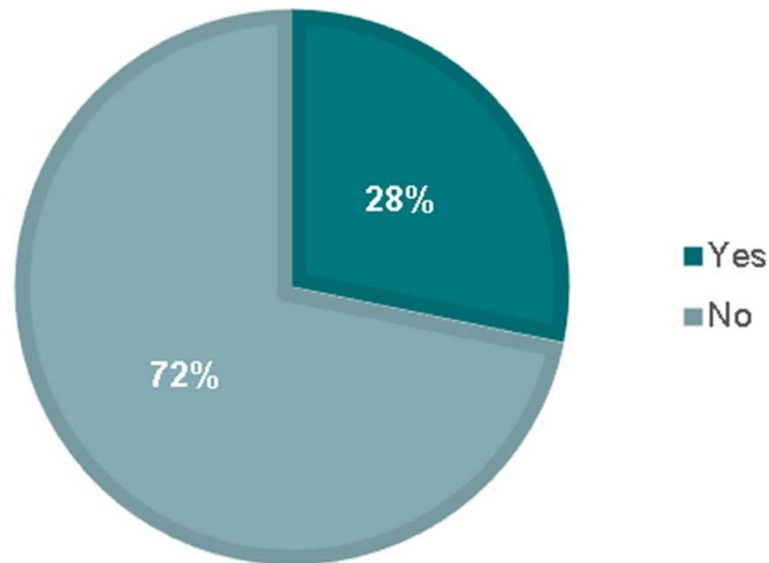
## OUR PROGRESS: Task Force Recommendations

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### Youth Prevention

- Conducted survey to assess gaps in substance abuse prevention
- 47% of school districts responded to survey

**Figure 1: Schools Reporting Availability of Programming**



# REDUCING OPIOID DEATHS

## OUR PROGRESS: Task Force Recommendations

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### Recommendations

- Continuation and expansion of the use of evidence-based substance abuse prevention programs.
- Continuation and expansion of funding for school-based substance abuse prevention programs and after-school programs.
- Continuation of back-to-school substance abuse programs such as the Healthy Families Healthy Youth program in conjunction with ongoing evidence-based and evidence-informed prevention programs throughout the school year.
- Further equipping schools with tools and timely data in the determination of needs and measurement of outcomes.

### Evidence-Based Programs:

- Botvin LifeSkills
- The Good Behavior Game
- Guiding Good Choices
- keepin' it REAL
- Living in 2 Worlds
- Positive Action
- Project SUCCESS
- Project Toward No Drug Abuse
- Strengthening Families
- Too Good for Drugs

# REDUCING OPIOID DEATHS

## OUR PROGRESS: Awareness Campaign

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[www.rethinkrxabuse.org](http://www.rethinkrxabuse.org)

Prescription opioids can be  
**addictive** and **dangerous**.

It only takes a little to lose a lot.



[cdc.gov/RxAwareness](http://cdc.gov/RxAwareness)





ARIZONA OPIOID EPIDEMIC ACT  
SENATE BILL 1001  
SIGNED JANUARY 26, 2018



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# Highlighted Provisions

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- Good Samaritan Law
- \$10 million for treatment
- Hospitals to refer for behavioral health services
- Medical student education
- Continuing education
- Warnings on pill bottles
- Time limits for prior authorization
- Restricts dispensing by prescribers, including veterinarians
- \$400 Thousand for youth opioid campaign development
- Counties designate one location to drop off legal or illegal drug & drug paraphernalia



# AZ Opioid Prevention

## Current Funding Landscape

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- CDC Prescription for States (PfS)
- First Responders- Comprehensive Addiction and Recovery Act (FR-CARA)
- CDC Opioid Crisis Cooperative Agreement
- State Targeted Response- AHCCCS
- State Opioid Response- AHCCCS

# REDUCING OPIOID DEATHS

## WE KNOW THIS FIGHT IS FAR FROM OVER

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### **Next Steps**

- Implementation of the chronic pain self-management campaign/program
- Launching a new youth prevention campaign in fall of 2018
- Continued Partnership with Local HDs
- State agencies will apply for new federal funding opportunities to address the opioid crisis as they become available.

For more information

[azhealth.gov/opioid](https://azhealth.gov/opioid)

Questions/Comments: [azopioid@azdhs.gov](mailto:azopioid@azdhs.gov)



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