



# Arizona Head Start

## ASSOCIATION

Supporting Head Start quality today, impacting Arizona's tomorrow!

**AHSA Quarterly Meeting**  
**Health and Nutrition Committee Agenda & Meeting Minutes**  
**Meeting Date: February 24, 2012**  
**Meeting Time: 1:30-4:00**  
**Meeting Location: University of Phoenix— Hohokam Campus**

DATE OF MEETING: 2/23/12 Time: 1:30-4:00pm		LOCATION OF MEETING: University of Phoenix – Hohokam Campus 1625 W. Fountainhead Parkway Tempe, AZ 85282
COMMITTEE MEMBERS PRESENT: Maureen Mason, Chrisanda DeBois, Erin Sordia, Jen Gemma, JoLee Kennedy, Michelle Nguyen, Lu Berber, Rowena Regaledo, Fern Batemse, Liz Hernandez, Tami Hoover, Javier Morales, Holly Thompson, Carolyn Garcia, Michelle Gonzales, Liz Hernandez		
COMMITTEE MEMBERS ABSENT: Carolyn Willmer		
VISITORS: Kelly Fargo: Food Source Peggy Stemmler: American Academy of Pediatrics Melissa Selbst: EAR Foundation		
NEXT QUARTERLY COMMITTEE MEETING: Date: May 17 <sup>th</sup> , 2012 Location: TBD		
AGENDA ITEM	DISCUSSION/RECOMMENDATION	PERSON(S) RESPONSIBLE/ PRESENTER



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I. Call to Order & Welcome	The meeting was called to order at 1:35 pm.	Jen Gemma
II. Adoption of Agenda	Motion to adopt agenda and approve of minutes: Maureen Mason motioned for approval and Rowena Regaledo second the motion. The motion to adopt agenda and minutes passed.	Jen Gemma
III. Approval of Minutes	Correction to last quarter's minutes: Tami Hoover was noted to have been present at the November 17 <sup>th</sup> meeting. Her name had been omitted.	Jen Gemma
IV. American Academy of Pediatrics—AZ Chapter	<p>Peggy Stemmler was present to discuss specific questions that the committee wanted addressed. They are as follows:</p> <ol style="list-style-type: none"><li>1. How often does the AZAAP look at the EPSDT schedule and consider revisions with the schedule?</li></ol> <p>Recommendations are set nationally. Right now, a change is under consideration to add a 30 month visit to the schedule. There is a new program being devised to provide expanded child care called Bright Futures. This expands all aspects of child health but this is still under development.</p> <ol style="list-style-type: none"><li>2. Is there a way to drop lead testing locally in Arizona since it is so seldom that there is a positive outcome in the Southwest?</li></ol> <p>Lead is also a national requirement. The validity of this test has been under consideration for some time. The health department has provided zip codes (see attached list) that should have screenings in these particular areas due to increased risk exposure. Arizona has a specific list of questions for providers to ask patients, as to sources available to children that may contain high amounts of lead. Also discussed, when providers do not complete the required labs and</p>	Peggy Stemmler



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assessment on the EPSDT, how do we fix this? Peggy recommended we provide this information to the Health Plan to assess the adequacy of the care. Michelle commented that she has gone directly to providers to educate them about the Head Start Program and our specific needs, and is hoping her outcomes will improve later. Tami commented she developed a form, addressed to the physician, stating that they are requesting documentation as to why the specific missing requirements of the EPSDT have not been completed? This becomes her documentation as to why the doctor did not act on the requested tests. Historically, CMS (Medicare/Medicaid) has been strict on the blood lead regulation and if any changes are made, it will be to specific populations but changes have not been approved at this time.

3. Questions were asked regarding specific diseases in Arizona.

Regarding drug resistant TB, Karen Lewis, from the Health Department, stated there is no widespread drug resistant TB in Arizona children. For MRSA, the health department does not track community acquired MRSA, only hospital MRSA, which right now stands at over 1000 cases per year in Arizona. Peggy encouraged teaching hygiene to all families and meeting them at their present level to begin health education.

4. How do we develop better relationships with dentists, specialists, physicians in general?

AZAAP is looking at how to support doctors in providing medical homes for their patients. Some states allow doctors to go through a certification to facilitate the concept of a medical home. A pilot



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project with AZAAP in is progress to provide care coordinators to physicians to manage patient care. APA has been trying to direct doctors to treat patients individually to meet their needs.

5. Can we get discounted educational materials from AZAAP via the national association?

Arizona can't even get discounts from National!

6. Help us manage the growing number of children with food allergies.

Food allergies are one of the biggest challenges with children. Phoenix Allergy Network is a great resource and has a website For parents to deal with this issue. It was suggested that it may be necessary to see a specialist for allergy confirmations. Sometimes allergies may not make sense so it is necessary to look at individual differences.

7. Underweight/Overweight-what is best practice?

Does the family perceive the child to have a problem? If not, they will not be receptive to education. Is there a resource to use for parents to explain growth charts to parents? She will look this up for us.

8. Email Peggy for questions: [peggy@AZAAP.org](mailto:peggy@AZAAP.org).



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V. Food Source Plus	<p>Food Source Plus is a food supplier that has the ability to analyze nutrition data via food orders. The software for this is Nutrasource. Almost exclusively, they serve non profit companies. They can do a savings analysis from past invoices and compare prices. Can usually save 10-35%. All services are free to customers. They are endorsed by many organizations in Arizona. They do request that you use their menus if you want to use Nutrasource, however they are willing to work with agencies. They have capability of making accommodations for special diets. They are not registered with any bidding system. Usually they cannot work with a catering program but they are willing to discuss this option. They can provide food items, supplies as well as contacts with contractors to assist with building maintenance. The minimum order amount is \$500 per order. Frequency is not an issue and deliveries can go to multiple sites. This cannot be facilitated with schools that purchase their own supplies.</p>	Kelly Fargo
VI. EAR Foundation	<p>The OAE reporting form has been updated. At the bottom of the form the term infant has been redefined to mean "a child from 29 days through two years of age." An Excel form has been developed which can be updated with rescreening data and then faxed to DHS. Melissa stated there is an individual that may be able to provide equipment to programs and has requested that everyone fill out a questionnaire to determine program needs. They may also be able to help out with tips and other equipment as well. Training needs have been identified and a Train the Trainer program is anticipated in April. To participate you already need to be a T3 trainer. Screener trainings will also be available as requested. Erin pointed out that it is an issue to report screenings within one week. Melissa said it is based on Arizona law and not negotiable at this time. She requested that we just continue to do our best and send in our information on a timely basis.</p>	Melissa Selbst



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VIII. Announcements	PIR changes around height and weight, School Readiness Plan, Shopping Matters Tours. These items were on the agenda but tabled at this meeting due to time restraints.	Health and Nutrition Committee
IX. Adjourn	The meeting was adjourned at 3:45 pm.	Jen Gemma